Physical Therapy Referral List

Practitioner or practice	Address or locations	Phone	ZIP code
Upper East Side			
Weill Cornell Physical Therapy	525 E 68th Street, 18th Floor	(212) 746-1550	10065
Derek Sumida, PT	525 E 68th Street, 18th Floor (Baker)	(212) 746-1526	10065
HSS Sports Rehabilitation and Performance Center	525 E 71st Street, Ground Floor (HSS-Belaire Building)	(212) 606-1005	10021
Equilibrium Physical Therapy	261 E 78th Street, 2nd Floor	(212) 472-5820	10075
H&D Physical Therapy	62 E 88th Street	(212) 988-2501	10128
Spear Physical Therapy	245 E 84th Street, Ground Floor	(646) 841-1414	10028
Professional Physical Therapy	170 East 77th Street, Unit 2	(347) 941-0908	10075
Kevin Towers, DPT, OCS	208 E 73rd St #1R	(908) 342-5268	10021
Prehab PT	248 E 73rd Street	(212) 717-8330	10021
Upper West Side			
Professional Physical Therapy	Five locations	multiple	multiple
Artus Physical Therapy	117 W 72nd Street, 2nd Floor	(646) 559-2656	10023
Riverside Physical Therapy	250 W 93rd Street	(212) 580-0125	10025
ProHealth & Fitness	180 West End Avenue, #1m	(212) 600-4781	10023
Sports Physical Therapy of New York, PC	2465 Broadway	(212) 877-2525	10025
Midtown East			
Outreach Physical & Occupational Therapy	1110 Second Avenue, Suite 302	(212) 842-0080	10022
H&D Dynamic Physical Therapy	815 Second Avenue, Suite 701	(212) 499-0848	10017
Recovery Physical Therapy	902 Broadway (at 21st St)	(646) 741-5284	10010
Northwell Health STARS Rehabilitation - East Village	44 St. Marks Place	(212) 529-5966	10003
Back in the Game Therapy	425 Madison Avenue, Suite 1605	(212) 207-3908	10017
ProHealth & Fitness	1041 Third Avenue, 2nd Floor	(212) 600-4781	10065

Practitioner or practice	Address or locations	Phone	ZIP code
Spear Physical Therapy	120 E 56th Street, #1010	(212) 759-2211	10022
Manhattan Sports Medicine - Kyle Worell, DC, PC	133 E 58th Street, 15th Floor	(212) 751-8300	10022
Dynamic Sports Physical Therapy	6 E 39th Street, Suite 504	(212) 317-8303	10016
Complete Body PT	301 E 57th Street, 5th Floor	(212) 777-7703	10022
Spring Forward Physical Therapy	30 East 60th Street #1205	(212) 996-9700	10022
Back Into Balance Physical Therapy - Susan Servetnick, MA, PT	121 East 60th Street, Suite 8D	(212) 754-6557	10022
Sports Physical Therapy of New York, PC	1. 521 5th Ave 2. 192 Lexington Ave	1. phone: (212) 692-9558 2. (212) 673-7878	1. 10175 2. 10016
Midtown West			
Lisa Mammano, MSPT, CIMT Alchemy Physical Therapy	116 W 23rd Street	(203) 464-0819	10011
MPG One Wellness - Michelle Rodriguez MPT, OCS, CMPT	130 West 56th Street, 3rd Floor	(212) 247-8436	10019
Fortius Physical Therapy	850 7th Avenue #905	(212) 757-7110	10011
Columbia Doctors	51 West 51st Street	(212) 326-8500	10019
Sports Physical Therapy of New York	723 7th Avenue	(212) 315-9578	10019
Paspa Physical Therapy	131 West 35th Street	(212) 967-5337	10001
Professional Physical Therapy	552 6th Avenue	(347) 943-7647	10011
First Health Physical Therapy	119 W 57th Street, Suite 212	(212) 421-1740	10019
Performance Optimal Health	115 West 45th Street, Suite 301	(212) 300-5545	10036
Spear Physical Therapy	57 West 57th Street	(646) 790-7464	10019
Spear Physical Therapy	36 West 44th Street	(212) 759-2280	10036
Spear Physical Therapy	450 7th Avenue, Suite 1800	(646) 518-5555	10123
Sports Physical Therapy of New York, PC	723 7th Ave	(212) 315-9578	10019
Recovery Physical Therapy	530 Seventh Avenue, 9th Floor	(646) 741-5297	10018

Practitioner or practice	Address or locations	Phone	ZIP code
Downtown			
Professional Physical Therapy	552 Broadway, 4th Floor	(347) 472-1839	10012
NYP Lower Manhattan Hospital	170 William Street	(212) 312-5378	10038
Maiden Lane Medical Physical Therapy	90 Maiden Lane Suite 300	(212) 402-5430	10038
Thrive Integrated PT	611 Broadway #503	(212) 254-7750	10012
Spear Physical Therapy	30 Broad Street, Level A	(646) 790-7454	10004
Function First Physical Therapy	119 W. 23rd Street, Suite 804	(212) 691-4833	10011
Spring Forward Physical Therapy	55 Broadway, Suite 201	(646) 870-5440	10006
Brooklyn			
MOTION Sports Medicine - Ditmas Park	1818 Newkirk Avenue, Lobby D	(718) 859-2626	11226
JAG-ONE Physical Therapy	4013 Avenue U	(917) 341-5055	11234
Sports Physical Therapy of NY	185 Montague Street	(718) 243-9900	11201
Park Sports Physical Therapy	Four locations	(718) 230-1180	11215
NY Therapy and Wellness (clinic + home visits)	2579 Ocean Avenue, 3rd Floor	(626) 780-0926	11229
Bronx			
Bronx Physical Therapy	3611 East Tremont Avenue	(718) 904-9581	10465
MOTION Sports Medicine - Hutchinson Metro Center	1250 Waters Place Tower 1 #501	(718) 409-9444	10461
Queens			
Ellen Bodner Physical Therapy	20809 Union Turnpike	(718) 479-6370	11364
Queens Physical Therapy PC	132-15A 14th Ave,	(718) 352-5200	11356
Hands On Physical Therapy	Two locations: one in Astoria and one in Queens Village	Astoria: (929) 481-5207 Queens Village: (929) 460-3480	11106 11428
MOTION Sports Medicine - Forest Hills	9616 Metropolitan Ave, Forest Hills	(718) 424-9531	11375

Practitioner or practice	Address or locations	Phone	ZIP code
Ergo Physical Therapy	107-40 Queens Boulevard	(718) 261-3100	11375
New Jersey/New York			
Montclair Physical Therapy	35A E. 35th Street, Suite 206	(212) 684-9098	10016
Excel Orthopedic PT	Many locations in NJ https://www.exceltherapy.com/	(201) 630-8880	Multiple
Advance Physical Therapy, PC	Four different locations in NY https://advance-pt.com/	(516) 568-4444	Multiple
Montclair Physical Therapy Todd A. Edelson, PT, DPT, Dip. MDT, Owner	388 Pompton Avenue Cedar Grove, NJ	973-433-0772	07009
Metro Physical & Aquatic Therapy	616 Bedford Ave, Bellmore, NY Many other locations throughout NY: https://www.metrophysicaltherapy.com/	(516) 586-5533	11710
Founder Sherrie Glasser, M.S. P.T, and run by her son, Michael Mayrsohn DPT OCS	Owners, Metro PT, Bellmore Many locations: https://www.metrophysicaltherapy.com/	Multiple	Multiple
Burke Rehabilitation & Research	785 Mamaroneck Avenue, White Plains (Main Hospital) Multiple other locations: https://www.burke.org/maps	(914) 597-2200	10605
Spine Care, Sports Rehab & Lifestyle Medicine	136 Radio Circle, Mt. Kisco	(980) 285-3842	10549
Hand Therapy			
Lynn Bassini MA, OTR, CHT	330 9th St 2nd floor, Brooklyn, NY 11215	(718) 435-3122	11219
NYP Hand Therapy: Physical & Occupation Therapy	525 E. 68th Street, 18th Floor (Baker)	(212) 746-1550	10021
HSS Hand Therapy	535 E. 70th Street	(212) 606-1660	10021

Websites to search:

The McKenzie Institute: https://www.mckenzieinstituteusa.org/

American Physical Therapy Association: https://www.apta.org